

Pro-~~ACT~~

Because no two violent emergencies are exactly alike, it is not possible to provide a single recipe to be followed.

There is no one "right" answer. Utilization of techniques implies that one rotely performed method should always be used. Therefore, the *Pro-ACT*^(sm) program provides a set of guiding principles to be used and adapted, meeting the demands of each specific situation. Those principles include professionalism, preparation, problem-solving, teamwork, accurate identification, and balanced crisis communication. Even evasion and physical interventions are not based on techniques, but rather a well-structured set of principles.

GRADUATE CREDIT AVAILABLE

1 Graduate Credit is available from VITERBO University. Details available upon completing your online registration. Credit costs: \$200, please make check payable to **VITERBO UNIVERSITY**

**Register Early
Space is limited
to 16 participants**

It is recommended that a team of at least two staff members from each district attend a training.

CESA 5—J Attn: uia jannacopoulos
PO Box 564
Portage WI 53901

CESA 5



Pro-~~ACT~~^(sm) TRAINING

Certification is for 3 years

SUMMER INSTITUTE

June 16-17-18th, 2010

Location: CESA 5

Questions? Contact Michele Yates-Wickus—Pro-~~ACT~~ Trainer & Asst.

Director at CESA 5 (608) 742-8814 x296
or yatesm@cesa5.k12.wi.us

Learn to minimize the risks associated with the emergency response to assaultive behavior

**recommended for persons working with
potentially explosive students/clients**

PROFESSIONAL ASSAULT CRISIS TRAINING

Pro-ACT^(sm)

The principles used in *Professional Assault Crisis Training* have been in continuous development since 1968. These principles are research based and have proven effective for over 30 years. The latest revisions, new name, and new choices of certification options reflect our long-standing emphasis on avoidance in the use of restraint. This is in keeping with recent local, regional, and national trends.

The *Pro-ACT(sm)* program was designed to provide professionals with the opportunity to develop necessary understanding and skills to avoid or reduce the need for restraint. *Pro-ACT(sm)* principles focus on maintaining the safety and dignity of the client, while keeping staff safe. The ultimate goal is to help clients learn alternative methods for meeting their needs and developing internal self-control.

Professional Assault Crisis Training is designed to minimize the

risks associated with the emergency response to assaultive behavior, emphasizing the role of supervision of behavior, strongly worded and strictly enforced policies, regular in-service training, and continuous upgrading of skills and knowledge.

Professional Assault Crisis Training is designed to be free of gender bias and emphasizes team skills. The workshop is structured to give the participants the experience of working together and solving problems in a team.

Development and implementation of an individualized primary plan (intervention or treatment plan) is the most important vehicle for maintaining safety. The need for restraint, then, can be viewed as an indication of a weakness in the primary plan or a failure to implement the plan. When the primary plan breaks down and assaultive incidents occur, restraint may become necessary only as a last resort.

Guidelines for restraint include respect for the rights of the client, indicated by matching responses to the level of danger presented by his or her behavior. Staff members may then move from less restrictive to more restrictive interventions as necessary to assure the safety of all.

Register at: myQuickReg.com

Schedule:

20 hours of training is required for certification

Days 1 & 2: 8:00am → 4:30pm →
Presentation of principles of Pro-ACT

Day 3: 8:00am -12:00pm→
Continued Presentation of principles of Pro-ACT; and Restraint certification

** Participants must commit to arriving on time and attending all 3 days in order to be certified.*

Registration fee includes: printed materials, continental breakfast, lunch & refreshments at breaks.

Cost per participant: \$350.00

**Training Dates for
Pro-ACT Summer Institute
June 16, 17, 18th, 2010**

Register at: myQuickReg.com

 **Leading the way
to educational excellence
locally, nationally and internationally.**